



**Dear friends and supporting members!**  
**Dear participants of GEA travel!**  
**Dear prospective customers of GEA travel!**

We are busy seeding, not only Artemisia, and slowly but steadily we are also harvesting – there is plenty of good news to report:

**ANAMED – action for natural medicine**

[www.anamed.net](http://www.anamed.net)

In the first week of March we organized an ANAMED seminar in **Malya**, exclusively for HIV/Aids infected people. All necessary material to produce ointments and tea were made available to a group of 20 people. At the end of the seminar all participants received Artemisia plants as well as readily packed Artemisia leaves for making tea.

After one month the group met again – ALL participants were in much better health condition, had put on weight and some of them could even resume their work. The enthusiasm is enormous!

We take further care of this group and I will report in due course.



In the week of Holy Friday a further ANAMED seminar took place in **Dar es Salaam**. It was organized by Jonas Koch, a very ambitious young man who is volunteering for one year at the 'Hekima Waldorf School' in Dar es Salaam. Already in Germany he had heard on the positive effects of ANAMED and, when coming to Tanzania he visited Dr. Peter Feleshi in Malya. He wanted to get ideas how to implement ANAMED at Waldorf schools. Dr. Feleshi suggested organizing a group of interested teachers and other people for whom he would then conduct a seminar. No sooner said than done. The feed back was sensational. At a subsequent meeting of Waldorf schools in Nairobi the teachers enthusiastically reported on the benefits of ANAMED.

The next seminar will take place in **Basotu** where the Barabaig live. The roaming areas of this originally nomadic tribe are drastically reduced by a gigantic wheat farming project. The young locals have initiated this seminar.

End of May/beginning of June there will be two ANAMED seminars in **Arusha**, made possible by ANAMED Germany.

The second week of July we will be in **Babati**. This seminar is financed by the group 'helping by sharing' from Strasswalchen, Austria – many thanks!

If you wish to support my dream to distribute these 'seeds' throughout Tanzania, join me on one of my travels or respectively mark your donation with 'ANAMED' – thank you very much in advance!

Donation account:

Tanzania-Zentrum at Salzburger Sparkasse, code word ANAMED

Bank ID: 20404, account no. 40158479

IBAN: AT 522040400040158479, BIC: SBGSAT2S



Ruth

## EDUCATION

Thanks to your support quite a few young women and also an orphan boy have come into the benefit of school education.

**ELISIFA** and **ASHA** will make their final exams in April and consequently start their jobs as teachers. Elisifa is trained teacher for secondary school; she attended the **Teacher's College** in **Morogoro**. Asha is trained teacher for primary school; she was at the **Teacher's College** in **Arusha**.



Seriani

**WINNI** finally got a college place at the **Teacher's College** in **Mwanga**. She started there last October.

**LAZARO**, the orphan boy, has passed his exams in primary school and now attends the **Nanja secondary school** in **Monduli**.

In January **RUTH**, **SYNATI** and **SERIANI**, three young Maasai women, were accepted at the **Emusoi Centre** in **Arusha**. They are very happy to be able to study undisturbed in a secure location. These women were promised for marriage and the weddings already fixed.

**ANNA**, also a young Maasai women, run away just before being married. She now is in a prep-school where she prepares for the entrance examination for secondary school.



Anna

Since January **ELISABETH** attends the **Northern Highlands secondary school** in **Moshi** and **HUSNA** is at the **Tumaini secondary school** in **Singida**.

In May **ZULEHA**, a very talented girl from the Pare Mountains, starts at the **Hady primary school** in **Arusha**.

There are many more requests. If you are interested in a school partnership please write to [hertha@tanzania-zentrum.at](mailto:hertha@tanzania-zentrum.at).

The school fees vary greatly and lie in the range of 10 to 65 EURO per month –depending on whether getting a chance to attend a governmental school or whether it is a private school.

Many thanks to all of you who support our eager young friends by monthly direct debit or through donation.

Donation account:

Tanzania-Zentrum at Salzburger Sparkasse, code word SCHULBILDUNG

Bank ID: 20404, account no. 40158479

IBAN: AT 522040400040158479, BIC: SBGSAT2S



Zuleha



## CLARIFICATION CAMPAIGN AGAINST ALBINO KILLINGS

<http://www.bagamoyo.com/645.html> - actually this news are in German language

Albinism is a congenital disorder. Here in East Africa but also in many other African countries, it is believed that certain body parts of Albino people mixed with traditional medicine will bring prosperity and luck.

Witch doctors and others use such body parts in rituals. As a result people with albinism have been persecuted, killed and dismembered.

The Tanzanian Government very strictly prosecutes Albino hunters. According to CNN seven hunters were convicted to death in the last two years. They stand for more than 50 killings. Dozens wait for their trials.

'Freundeskreis Bagamoyo' - Sparkasse Münsterland-Ost, Bank ID: 40050150, account no. 43596

## TRAVELS

[www.tanzania-zentrum/reisen](http://www.tanzania-zentrum/reisen)

In July/August 2010 we again organize trips to the Maasai territory in the North of Tanzania. For the July trip – 21<sup>st</sup> to 30<sup>th</sup> of July – there are still a few places available. If interested please contact [hertha@tanzania-zentrum.at](mailto:hertha@tanzania-zentrum.at) – Karibuni sana! Welcome!

To all our participants in previous trips a hearty thank you. With your contribution we were able to support quite a few projects.

A special thanks to all of you who have signed in for school partnerships.

**ASANTENI SANA na KARIBUNI TENA!**  
**MANY THANKS – YOU ARE AGAIN MOST WELCOME!**

Dear friends from Northern countries, we need your support to continue our important task, to further distribute the seeds and thus make a small contribution for a fairer world.

Hearty greetings and a big ASANTE SANA from Tanzania,

Hertha Schwaighofer

Founding member, 'Tanzania-Zentrum'

Coordinating member, 'Anamed Tanzania'

WHAT YOU SEED ON THE FIELD OF YOUR LIFE IS MORE IMPORTANT THAN THE SIZE OF YOUR FIELD

*Tanzanian saying*